



Dec 2009

Newsletter

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Dear Parents,

“Children require guidance and sympathy far more than instruction.”

Sullivan

----- Annie

This year instead of our usual Annual day we at Prayag are going to have a funfest on **Feb 14th Valentine's Day**. The venue is our Prayag Discovery Village and you can take a look at the place at [www.prayag.in](http://www.prayag.in).

This is the first time we are organizing something of this scale so I request parents to please co-operate and help us make this day a success. The invites for the funfair are available at our office, please do make sure that you collect it as this will not only serve as your entry ticket to the funfare but also as your food voucher.

Please note:

- Parents are requested to register the names of their extended families who will be joining us for our funfest.
- Parents who require transport to PDV are requested to contact office and book your seats. We request you to be on time i.e. before 9 am at Prayag. Parents who are coming on their own are requested to please see the route map given below.
- Parents are requested to kindly follow time as mentioned in the event schedule.
- Outside eatables are strictly not allowed. We request you to please co-operate.
- We will be having stalls like: Bangle Making, Mehendi, Tattoo, Balloons, Cycles, Children's Clothes, Ladies Clothes, Hair styling, Candy, popcorn, Chats, Ice-creams etc. We request parents to come prepared to enjoy
- PDV is a part of Prayag group, we request Parents to please ensure cleanliness is maintained throughout the farm on funfest.
- Every child of Prayag (who has paid for the package amount of Rs.2000) is entitled for Coupon of 200/-. This food voucher is valid for your Prayag child and his/her parents. Please do bring this invite as this is your food-voucher of Rs.200. This is non-refundable.
- You can buy coupons for Rs 100's at the counter at PDV. These coupons can be redeemed at only those stalls where you spot a Prayag adult. The other stalls are all cash and carry basis only.

Event Schedule is as follows:

- 09.00 am ~ Assemble at Prayag (Parents availing Prayag TT Service)
- 10.00 am ~ Arrival at Prayag Discovery Village, Kanakapura Road
- 11.00 am to 12.30 pm ~ Cultural Programmes
- 01.00 pm to 03.00 pm ~ Food & Stalls
- 3.00 pm to 04.00 pm ~ Team Games
- 4.00 pm ~ Departure from Prayag Discovery Village

If you need more information or want to give your feedback please e-mail me at [prayag\\_montessori@yahoo.co.in](mailto:prayag_montessori@yahoo.co.in).

Thanks & Regards - Amitha Prashanth

Christmas Party at Prayag





## January Event Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
				01 Jan 10	02 Jan 10 / 03 Jan 10
04 Jan 10 Prayag reopens	05 Jan 10	06 Jan 10	07 Jan 10	08 Jan 10 Holiday - Muharram	09 Jan 10 / 10 Jan 10
11 Jan 10	12 Jan 10	13 Jan 10	14 Jan 10 Holiday- Sankranthi	15 Jan 10	16 Jan 10 / 17 Jan 10
18 Jan 10 III PTA starts	19 Jan 10	20 Jan 10	21 Jan 10	22 Jan 10	23 Jan 10 / 24 Jan 10
25 Jan 10	26 Jan 10 Holiday- Republic day	27 Jan 10	28 Jan 10	29 Jan 10	30 Jan 10 / 31 Jan 10

### January

04.01.2010 Monday Prayag Reopens

08.01.2010 Friday Holiday - Muharram

14.01.2010 Thursday Holiday - Sankranthi

18.01.2010 – 23.01.2010 III PTA Meeting

26.01.2010 Tuesday Holiday – Republic Day

### Theme of the Month (Jan)

Montessori I - Parts of the tree  
Montessori II - Parts of the plant

Montessori III - Types of leaf

[Parents are also requested to introduce their respective themes in the surrounding environment to the child.]

## Editorial

### Moral Values – Importance & how we need to Impart.

--By Jyothi

#### Prem

We always want good things in life, good homes, good neighbors, good housemaids, good driver; good school, good teachers. This results in everybody expecting “goodness” in the world. This results in our striving to maintain a value system in the world. In the world- goodness always dominates the bad. At the end of the day an ideal world would be where truth and moral values prevail upon bad and unethical thing.

We feel that it is extremely important for moral values to be imparted right from early child hood. Now the question comes up as to who is to teach these moral values, is it the parent or teacher? Is it society? Is it our religion? I feel that all of the above play a key role in imparting moral values.

#### **Awareness of Moral Values in Children:**

Each & every creation on this world has a cosmic purpose. It is important that the child realizes the value of the simple but yet wonderful things happening around him.

It has been found that children are more influenced by our actions than words. Hence we need to be a role model to our children by respecting & inculcating culture & moral values in our daily life. **Another effective way of imparting Moral values is by means of stories.**

Children’s curiosity should not be ignored. Instead we need to nourish it. For example when your child is in a garden, we could give them a story of a bee, thereby explaining to them their valuable contribution to us and the role they play in their Beehive as a society. Likewise make him realize the importance of various creations around us. This enables him to respect & realize the cosmic purpose behind every creation.

Provide them with **short stories** from our mythology – highlighting the victory of good over evil which will also strengthen our moral values. For example the way **Lord Krishna** defeated Kalinga the poisonous serpent, or the story of **Sravana Kumara** served his parents, and the value **Sri Rama** placed for the words of his Father-King Dhasharath.

These stories will help teach basic Moral Values to Children so that they can make right choices in life. I would like to end this with a short story as under,

#### **The Miser**

A miser sold all that he had and bought a lump of gold, which he buried in a hole in the ground by the side of an old wall and went to look at daily. One of his workmen observed his frequent visits to the spot and decided to watch his movements. He soon discovered the secret of the hidden treasure, and digging down, came to the lump of gold, and stole it. The Miser, on his next visit, found the hole empty and began to tear his hair and to make loud lamentations. A neighbor, seeing him overcome with grief and learning the cause, said, “pray do not grieve so; but go and take a stone, and place it in the hole, and fancy that gold is still lying there, you had it not, as you did not make the slightest use of it.”

Moral: The worth of material wealth comes from what you do with it.

## Activities for You & Your Child at Home

**Number Activity:** Have a box of coins with different denominations and introduce the names of the coins. Example: 25 paisa coin, 50 paisa coin etc.

**Language Activity:** Mont I – Read a book aloud and share what you have read.

Mont II – Choose a book and read it together you read a paragraph and let the

child read next paragraph in terns.

Mon III – Write a word on a paper for example: hippopotamus and ask your

child to make as many words possible using only

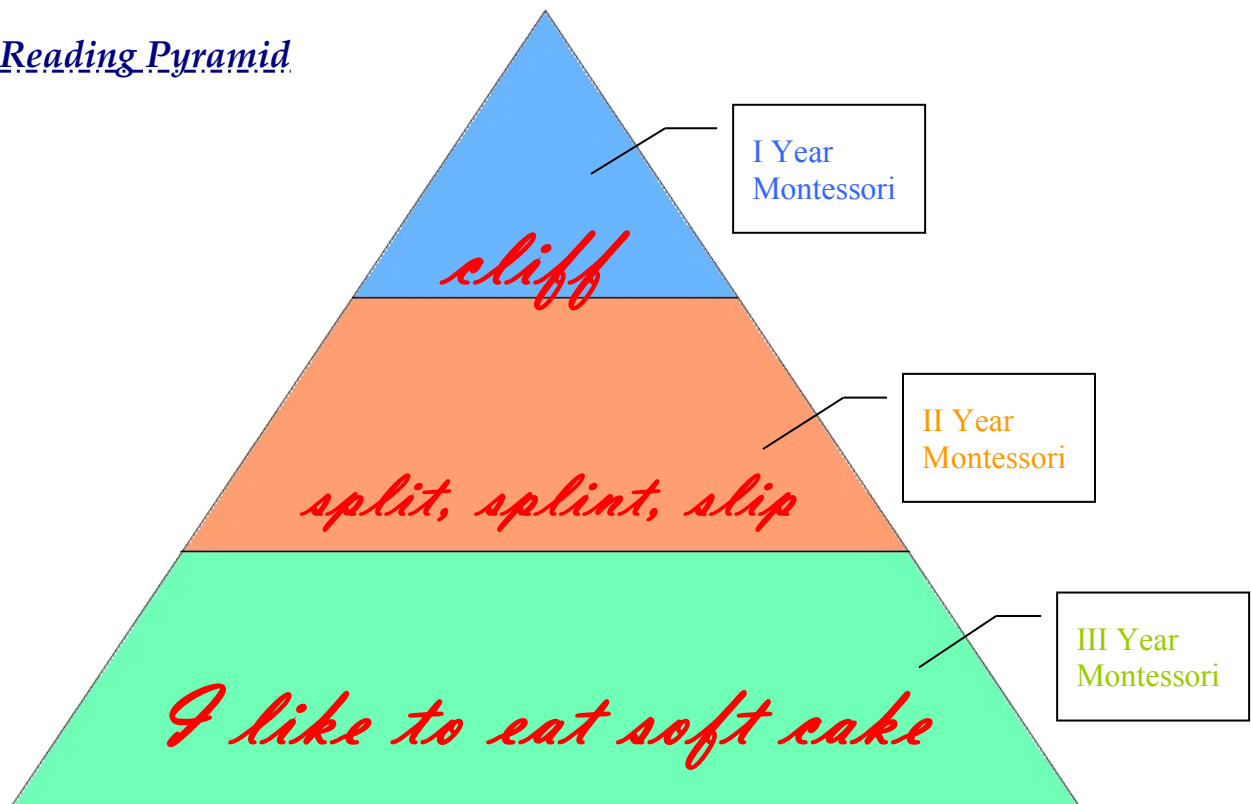
the letters that

are found in that given word.

**Science Activity:** Let your child use the magnifying glass and look at different objects at home.

**Geography Activity:** Encourage your child to collect stamps of different countries and talk why we use that.

## Reading Pyramid



Birthdays in December..



10 December 2003 Kruthi.N

16 December 2006 Raag Punja

30 December 2004 Nithyashree.A.Bharadwaj

23 December 2005 Chinmaya

Praveen

29 December 2006 Alok.P.Talur

13 December 2006 Sunaina V

13 December 2004 Diya Mundasad

29 December 2003 Nagakaivalya

Extra Curricular Activities at Prayag

**Prayag Activity Centre**

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Afternoon Care Facility for Children

(Age Group 2 years to 10 years)

On Prayag Working Days, 01.00 PM to 06:00 PM

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**Yoga Ratna Academy**

Regular Yoga classes in BKS Iyengar Style using Props

Tuesdays, Thursdays, Saturdays: 06.00am to 07.00am / 07.15am to 08.15am

Mondays, Wednesdays, Fridays: 04.00pm to 05.00pm / 05.00pm to 06.00pm

For Age Group: 8 ~ 80 yrs

Contact: Mrs. Rekha Swaroop: 9845644941

## *Jnana Lahari*

[Extract the Real Essence]  
*Spiritual Sadana for building mind power*

Shlokas, Bhajan & Bhagavad-Gita Classes for all age groups  
(Children above 3 years of age)

Every Man is Divine. But we do not know the divinity inherent in us. But the Indian tradition has many ways to understand what secret lies in every one of us. Our effort to know the divinity. Mind has to be empowered for this. Among many Sadana, Chanting of Shlokas, Singing Songs, Praising God, Listening Moral Stories, Reading and Reflecting upon Spiritual texts are very important. Practicing and adopting this in our daily routine increases our mind power. Knowledge, wisdom, concentration of mind are the benefits.

Thursdays, 05.00 pm to 06.00 pm

Contact Mrs. Yamuna Naveen: 9448536800



## *Western Dance Classes*

For age group 4 ~ 10 years  
Western and Bollywood style Two days a week - Saturdays & Sundays

Timings - Saturdays - 05.30 pm ~ 06.30 pm  
Sundays - 11.30 am ~ 12.30 pm

Contact Mr. Sameer: 9886478836

*Contact our office if interested in enrolling for the  
above classes*