



August / September 2009  
Newsletter

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Dear Parents,

“Children have neither past nor future; they enjoy the present, which very few of us do”.

— Jean de la Bruyere



ಈ ಸಲ ನಂಗೇ ಬಂತು  
ಫೆಸ್ಟಿವೆಲ್!  
ಅನುಷ್ಕಾ  
(ಹು.ದಿ. : 29-08-2005)  
ಹೆಸ್ರವರು : ಮೇನಕಾ ಎ. ಆರ್.,  
ಸುದರ್ಶನ್ ಎಂ. ಎಸ್.  
ಶಾಲೆ: ಪ್ರಯಾಗ್ ಮೌಂಟೆಸೋರಿ,  
ಪದ್ಮನಾಭನಗರ, ಬೆಂಗಳೂರು.

We have already finished 3 months and I see our children working and learning. This month I would also like to report to you one of our children Anushka who took part in a contest conducted by a Kannada magazine won the first prize. Congratulations Anushka!!

August has been a month for festivals. I hope you all enjoy the photos we have posted. We have our sports day coming up and a circular has been sent with a detailed do's n don't please go through it and again I apologize that we cannot have parents as part of the day as children hesitate to take part once they see their parents. So please excuse us but we will put up as many photos as possible.

From this newsletter onwards I thought you all would find it interesting to know some of the amazing things children come up with. I would like to share two incidents which happened in our school this month.

**Nandana**, a child in our **environment** || one day walked up to her adult and reported this amazing observation. She said "Aunty when I look at my ball it looks like a zero to me, but I know it's not zero but my ball - **a sphere**". She was truly wondrous of this three dimensional visual impression of her ball which in one dimensional was number zero. Her next words were "If I push my ball with my finger it rolls and if I throw it - it bounces".(her exact words) This child who is 4 yrs 4 mths was trying to co-relate math, physics and her dimensional perceptions with one object -**her ball**.

**Om** is a 4 yrs 6 mths child in our **environment** |. He was working with his multiplication unit board with multiples of 3 .As he was counting and placing it 3 times  $3 \times 3 = 9$  he looked up with lot of excitement on his face and called his adult and said "look aunty it looks like a square!" With this we can observe that the child was visually looking at the "the square of 3".

These are some of the discoveries by our children as they work or consolidate the concepts offered to them. For parents of our outgoing children we have mailed you the list of schools located in south Bangalore and their respective phone numbers. We have scheduled a meeting on Saturday 12<sup>th</sup> at 10 a.m. I feel that it would help to meet and discuss your options for your child's future school.

If you need more information or want to give your feedback please e-mail me at [prayag\\_montessori@yahoo.co.in](mailto:prayag_montessori@yahoo.co.in).

Thanks & Regards - Amitha Prashanth



## September Event Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
	01 Sep 09	02 Sep 09	03 Sep 09	04 Sep 09	05 Sep 09 / 06 Sep 09
07 Sep 09	08 Sep 09	09 Sep 09	10 Sep 09	11 Sep 09	12 Sep 09 / 13 Sep 09
14 Sep 09	15 Sep 09	16 Sep 09	17 Sep 09	18 Sep 09	19 Sep 09 / 20 Sep 09
21 Sep 09	22 Sep 09	23 Sep 09	24 Sep 09	25 Sep 09	26 Sep 09 / 27 Sep 09
28 Sep 09	29 Sep 09	30 Sep 09			

## Highlighters in September

18.09.2009	Friday	Dasara Holidays commence
29.09.2009	Monday	Dasara Holidays Ends
30.09.2009	Wednesday	Prayag Reopens

## Theme of the Month (September)

Montessori I -Vegetables  
Montessori II - Seasons

Montessori III - Festivals

Activity Centre - Fruits

[Parents are also requested to introduce their respective themes in the surrounding environment to the child.]

### October Event Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
			01 Oct 09	02 Oct 09	03 Oct 09 / 04 Oct 09
05 Oct 09	06 Oct 09	07 Oct 09	08 Oct 09	09 Oct 09	10 Oct 09 / 11 Oct 09
12 Oct 09	13 Oct 09	14 Oct 09	15 Oct 09	16 Oct 09	17 Oct 09 / 18 Oct 09
19 Oct 09	20 Oct 09	21 Oct 09	22 Oct 09	23 Oct 09	24 Oct 09 / 25 Oct 09
26 Oct 09	27 Oct 09	28 Oct 09	29 Oct 09	30 Oct 09	31 Oct 09

### Highlighters in October

02.10.2009	Friday	Holiday - Gandhi Jayanti
12.10.2009 ~ 17.10.2009		II PTA Meeting
19.10.2009	Monday	Holiday - Balipadyami

### Theme of the Month (October)

Montessori I - Fruits  
Montessori II - Plants

Montessori III - Living & Non Living

Activity Centre - Wild Animals

[Parents are also requested to introduce their respective themes in the surrounding environment to the child.]

### Sports day instructions:

Prayag Montessori will be having its Sports Day on Friday, the 11th September 2009.

#### Timings: For Sub Junior & Junior category Children:

1. Child should be dropped at 09.30 am & should be picked up at 11.30 am at Prayag.
2. Van Children will also be picked up at 11.30 am by van

#### Timings: For Senior & Super Senior category Children:

1. Child should be dropped at 09.30 am & should be picked up at 01.00 pm at Prayag.
2. Van Children will also be dropped back at 1.00 pm by van

#### General Instructions for all children

1. Child should wear Prayag T-shirt, Blue Jeans Pant or Blue Slacks, Socks and Sports Shoes (Child's name written on them)
2. Child should bring only Water (Preferably in disposable bottles like Pepsi, sprite etc (Child's name written on it).
3. Snacks & Drinks will be provided.

### August Commemoration

## Friendship Day - 03 Aug 2009



## Krishna Janamashtami - 12 Aug 2009







## Ganesh Chaturthi - 21 Aug 2009





## Editorial

### Good Manners

(By Mrs. Sindhu Sudhakar)

The first thing we notice when we meet a child for the first time is his/her behavior. People judge our children by their manners. Manners are much more than just saying "please" and "thank you." They are ways of showing kindness and consideration. It is always better to reinforce good manners from a young age. Children learn by observing and the best way to educate children is by being good role model ourselves. It is very easy to learn something during our childhood. So start planting the seeds from an early age. The foundation of good manners can be strong in young age only if they make it a part of their inner discipline. Good manners are a lifetime's asset. Parents **are** responsible for instilling desirable manners in their children.

Manners can be inculcated as soon as your child understands. In addition, children will need coaching and reminders on manners throughout their childhood. It is best to give positive support, that is, when your child does something right, let them know. When your child does something wrong, do not be negative about it, but gently tell them how it is best done and why.

When children enter school usually they become more independent and make sure your child is equipped with necessary skills for interacting with peers, greet adults, table manners, simple conversation and receiving. Prompt your child when they forget some tips given, you should quietly lean over whisper and help them to do right things, be gentle in your reminder, prepare your child for any situations be it a family reunions, meals at restaurant or eating at a friend's house. Best way to stop unwanted behavior is to ignore. Another way to encourage good manners is to use a reward system.

As basic manners, teach your child

- To be nice to people.
- Not forget to say "Please" when you ask for something.
- Say "Thank You" when you are given something.
- Say "You're Welcome" when someone thanks you.
- Greet people when you see them.
- Look people in the eyes when you talk to people.
- Do not interrupt when other people are talking.
- Share things with others.
- Help people.
- Let guests go first.
- Be on time, especially if you are meeting someone.

The golden rule for good manners is to treat people with respect. So Stress the importance of treating others in the same way they would like to be treated.

## Activities for You & Your Child at Home

### Sensorial Activity

Place a few things in front of the child & ask him to lift & feel their weight & find out which is the lightest & which is the heaviest. Later, play a guessing game: show him any two objects & ask him to guess which is lighter & which is heavier.

### Language Activity

Sentence completion game: you start a sentence, for Example: I like to eat; I like to go to etc. & let the child complete the sentence.

### Activities outside the house

Watering the plants, pulling out weeds, sowing seeds of different kinds, planting onion bulbs etc.

### Birthdays in August

29 Aug 2005	Anoushka Sudarshan
05 Aug 2006	Yash.S.M
10 Aug 2006	Sanchitha Gururaj
01 Aug 2006	Sri Gowri
15 Aug 2006	Vedant Lalit
24 Aug 2005	Krishanth Gowda
31 Aug 2003	Anurag.L
07 Aug 2006	Diya Prakash
31 Aug 2006	Neethi Chethan



### Birthdays in September

05 Sep 2005	Rohit.S
03 Sep 2004	Lakshitha Kamath
06 Sep 2004	Vibha.N.Athreya
14 Sep 2006	Eksha.P.Rao
22 Sep 2004	Tanishaa Jalan
22 Sep 2005	Tejas R
23 Sep 2006	Debanjana Bez

23 Sep 2004

Eshal Zahur

27 Sep 2006

Shreya Nivarty

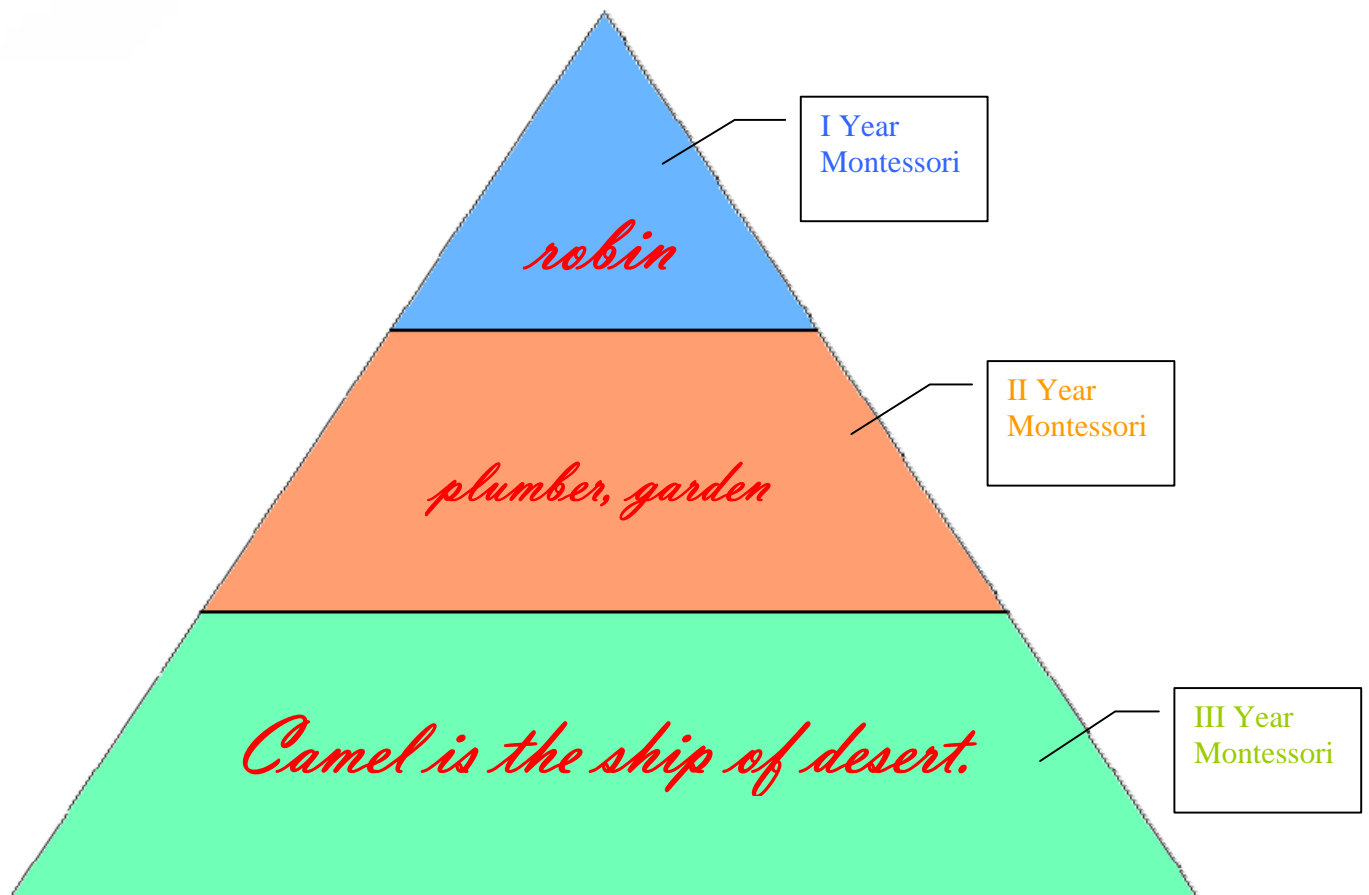
28 Sep 2005

Sachit Sunil

29 Sep 2003

Archana.V.Makkimane

Reading Pyramid



Extra Curricular Activities at Prayag

**Prayag Activity Centre**

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Afternoon Care Facility for Children

(Age Group 2 years to 10 years)

On Prayag Working Days, 01.00 PM to 06:00 PM

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**Yoga Ratna Academy**

Regular Yoga classes in BKS Iyengar Style using Props

Tuesdays, Thursdays, Saturdays: 06.00am to 07.00am / 07.15am to 08.15am

Mondays, Wednesdays, Fridays: 04.00pm to 05.00pm / 05.00pm to 06.00pm

For Age Group: 8 ~ 80 yrs

Contact: Mrs. Rekha Swaroop: 9845644941

## Jnana Lahari

[Extract the Real Essence]  
*Spiritual Sadana for building mind power*

Shlokas, Bhajan & Bhagavad-Gita Classes for all age groups  
(Children above 3 years of age)

Every Man is Divine. But we do not know the divinity inherent in us. But the Indian tradition has many ways to understand what secret lies in every one of us. Our effort to know the divinity. Mind has to be empowered for this. Among many Sadana, Chanting of Shlokas, Singing Songs, Praising God, Listening Moral Stories, Reading and Reflecting upon Spiritual texts are very important. Practicing and adopting this in our daily routine increases our mind power. Knowledge, wisdom, concentration of mind are the benefits.

Thursdays, 05.00 pm to 06.00 pm

Contact Mrs. Yamuna Naveen: 9448536800



## Western Dance Classes

For age group 4 ~ 10 years  
Western and Bollywood style Two days a week - Saturdays & Sundays

Timings - Saturdays - 05.30 pm ~ 06.30 pm  
Sundays - 11.30 am ~ 12.30 pm

Contact Mr. Sameer: 9886478836

*Contact our office if interested in enrolling for the above classes*